

# Thank you for your support!

Name \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

*Peace of mind; Providence Farm does not exchange our donor list or contact information with other organizations.*

☐ Cheque (payable to Providence Farm)

☐ Visa # \_\_\_\_\_

☐ Mastercard # \_\_\_\_\_

Name on card \_\_\_\_\_

Expiry date \_\_\_\_ / \_\_\_\_ CVC# \_\_\_\_\_  
(3 digit no. on the back of card)

Signature \_\_\_\_\_

☐ Name I would like to appear in recognition:

☐ This gift is in memory of:

☐ I wish to remain anonymous.

## Please contact me about:

☐ Making stock donations

☐ Making a planned gift in my will

## Our Mission

*"Trusting in Providence, and building upon the faith-centered heritage of our founding members, we are committed to serving needs and to fostering talents of people in the Cowichan Valley, especially of those not easily accepted elsewhere, through our therapeutic community at Providence Farm."*

*Our focus shall be upon the renewal of body and spirit, and upon people caring for the soil, and the soil nurturing the people."*



*"When I'm at home, I feel like I'm in a storm.  
When I am at Providence, I feel like I am  
dancing in the rain."  
- Ellyssa*



## Providence Farm

1843 Tzouhalem Road

Duncan, BC V9L 5L6

Tel: 250-746-4204 Fax: 250-746-8616

provfarm@providence.bc.ca



www.providence.bc.ca



providencefarmduncan



Providence Farm Cowichan



@providencefarm



@ProvidenceFarm1

*"We are individuals with brain injuries, developmental diversity, neurodivergence, physical disabilities, mental health concerns, diagnoses and age-related illnesses – our individual uniqueness lends to Providence the beauty of kaleidoscope lenses, experiences and perspectives..."*

*Friendly, Accepting, Respectful, Mindful,  
Inclusive, Loving Y – we are FARMILY."*

- Providence Board of Participants

providence farm  
A THERAPEUTIC COMMUNITY



# Plant Hope Harvest Joy!

## - 2022/2023 - Annual Giving Campaign

# Providence Farm is

a supportive community nestled in the heart of the Cowichan Valley since 1979.

Today, with your help, Providence Farm provides over 180 weekly program spaces to adults living with mental health, substance use, brain injury, age-related illness and developmental disabilities.

The Farm's community-inclusive experiences are person-centered activities with a foundation in Nature Based Therapy and Trauma Informed Practices.

Together, The Farm's community cares for each other and the land, while focusing on holistic development, learning and growth.



## Welcome to the 'FARMILY'

Our founders inspire our continued and tireless mission to "...focus upon the renewal of body and spirit, and upon people caring for the soil, and the soil nurturing the people."

What a privilege to know that within us all exists a capacity to reframe the most challenging of circumstances, to discover beauty and make meaning.

This year, Providence Farm has leaned into practicing resilience; fostering intentional environments and attitudes that demonstrate the power of Positive Psychology.

To do this, Providence Farm is deconstructing the negative impacts of our shared trauma through researched, Nature Based Activities offered in programming here. These activities intentionally inspire new neuro pathways designed to restore

feelings of safety, happiness and hope - the results have been remarkable. Together we rise!

This annual giving, we reach out to you, our extended Farmily, in the spirit of reciprocity. We wish to share with you our strength, courage, perseverance, optimism and love. Here at the Farm we have found a remedy to these unprecedented times through embracing the uncertainty, and each other, inviting the experience to draw us closer. Your generous donation (none too big or small) contributes to creating a beacon of hope in the Cowichan Valley, where we Plant Hope and Harvest Joy for all to share.

Come alongside us, together we will celebrate the resilience gifted to us through nature, community, trust, friendship and love.

with gratitude, from all of us!



*"Providence has encouraged me to be proud of my brain injury, by giving me permission to be my new self. I feel accepted here."*

- Kevin

## Help Us Help Others!

### ☐ I would like to provide ongoing support

I authorize Providence Farm to receive monthly:

- ☐ \$25   ☐ \$50   ☐ \$100   ☐ \$\_\_\_\_\_
- ☐ From my bank account (enclose VOID cheque)
- ☐ From my credit card (using form on reverse)

### ☐ I would like to provide a one-time donation of

- ☐ \$50   ☐ \$125   ☐ \$250
- ☐ \$1000   ☐ \$\_\_\_\_\_

### ☐ I would like to sign up now for, or renew, a membership (using form on reverse)

- ☐ \$25 Individual
- ☐ \$40 Family
- ☐ \$125 Corporate

### Donations can be made by:

- Mail:  
Providence Farm  
1843 Tzouhalem Road Duncan BC V9L 5L6
- Telephone:  
250-746-4204
- Online:  
[www.providence.bc.ca/donate](http://www.providence.bc.ca/donate)

*Vancouver Island Providence Community Association dba Providence Farm is registered with the Canada Revenue Agency.*  
**Registration number 11928 1780 RR0001.**

A charitable tax receipt will be issued for all donations of \$25 and over.  
Membership fees are not tax-receiptable.

*providence farm*  
A THERAPEUTIC COMMUNITY